



## WHO WE ARE:

Ottawa West Little League (OWLL), is a community-based, volunteer-driven, non-profit organization dedicated to providing both House and Competitive level baseball for boys and girls (aged 4 to 19), as well as coaching, umpiring, and other volunteer opportunities for community members of all ages. We focus on developing in our players the qualities of citizenship, discipline, teamwork and physical well-being through the game of baseball.

OWLL is part of the Little League program governed by Little League International. Little League Canada is one of its regions. OWLL plays in Ontario District 2, with teams from Kanata and East Nepean.

## IMPORTANT DATES:

- FEBRUARY 4: SPRING BALL REGISTRATION OPENS
- EARLY MARCH: UMPIRE REGISTRATION OPENS
- APRIL: INDOOR SORTOUTS FOR COED AND GIRLS ROOKIE AND HIGHER DIVISIONS FOR SPRING BALL
- APRIL 11: UMPIRE TRAINING
- APRIL (TBD): COACH TRAINING
- EARLY MAY (TBD): FIELDS OPEN AND SPRING SEASON STARTS



# OWLL News



## Spring ball is just around the corner!

Hello and welcome to our new and returning OWLL families! We hope that you have been enjoying this offseason. Our league is getting ready to open the 2026 spring season, so we have included lots of information on registration in this issue of OWLL News. We hope that you find the information useful, and that it assists our new and returning families in preparation for the upcoming season. Registration will open on February 4th, 2026 on our website, [OWLLBA.CA](http://OWLLBA.CA).

Last year was a fantastic year for ball in Ottawa West, and we aim to build on those successes this year. There will be lots of opportunity for great baseball this spring, including our house league and interlock play for both our coed and girls programs, the annual Pete Loyen Minor/Major tournament hosted by OWLL and so much more! This year we will continue to see growth in our league – many new players, from the youngest participants at T-ball, all the way through to our oldest division, GOBL. It is great to see kids of all ages wanting to join baseball and thriving once they start!

At OWLL we love to see all players learning new skills and improving. We are looking forward to the coming year, where we hope to continue to foster a love of the game in our players, and enjoyment for our OWLL families.

Looking forward to seeing you at the diamond!

## SPRING REGISTRATION TIPS!

With registration opening on February 4th, we wanted to include a few tips for new and returning families. OWLL uses the Sportsheadz backed registration system for all of our programs.

- Sign up for a Sportsheadz account. We have a step by step guide on our website at:

[https://owllba.ca/Pages/1153/Registration and payment help/#login](https://owllba.ca/Pages/1153/Registration%20and%20payment%20help/#login)

- Our "Login to your Sportsheadz account" guide can be found here: [https://owllba.ca/Pages/1153/Registration and payment help/#access](https://owllba.ca/Pages/1153/Registration%20and%20payment%20help/#access)

- Make sure that your players are added to your account (guide here: [https://owllba.ca/Pages/1153/Registration and payment help/#adding](https://owllba.ca/Pages/1153/Registration%20and%20payment%20help/#adding))

- Once on the registration page is live on February 4<sup>th</sup> at <https://register.sportsheadz.com/association/191>, you may have to click "see more" at the bottom to see all divisions.

- There are co-ed & girls divisions for all ages, including GOBL (*new this year*). Make sure that you are clicking on the correct program before you start to fill out the form.

- T-ball is listed by day of the week and park location. You will select the one that best suits your location and schedule. **NOTE that some t-ball sections are popular and fill VERY fast.**

- Most programs run in from May 1 (approx) until the last week or so of June. Two are longer - girls divisions (rookie to senior) run until late July, and GOBL runs May 1 – mid-late August.

- Questions? find the FAQ for spring ball here: [https://owllba.ca/Pages/1160/Spring registration FAQs/](https://owllba.ca/Pages/1160/Spring%20registration%20FAQs/)

## How does Spring Ball work??

We often get questions about how spring ball works – from registration to the games to the end of the season. We hope that this section will help to explain how it all works for the spring season, for new and returning families!

**Register** – The first step is to register your child. Registration opens on February 4th this year, and the link to the registration form is shared on our website and social media. Players are placed programs based on their Little League age (see page three), and you will only be able to register your player in their age-based division. Registration is open until March 27th, but some sections fill up quickly, especially in t-ball. Payment is due with registration. If a family needs to discuss payment options or sponsorship, we can help, so please reach out to our [registrar](#)! A [Sportsheadz login](#) is needed for registration.

**Sort outs** – The next step is sort outs. These are held in early April, at an indoor facility. The goal of spring ball is to provide a safe, fun, developmental environment for players, coaches, umpires, and parents. In order to do that, we want to make sure that kids are playing with and against players of a similar skill level. It's an important step in ensuring that the players have a successful season.

**Team placement / contact by coaches** – Once the sort outs are completed, the convenors draft the teams based on the evaluations. We strive to have teams that are as balanced as possible, and it generally works out pretty well because of the evaluation process. There are tiers in the co-ed division so players are placed on teams at the National (B) or Canadian (A) level within their age group. Coaches will contact all players once the teams are set.



**Practices and games** – We can use the fields as soon as they are dry enough after May 1, but this field opening is determined by the City of Ottawa. Rest assured we will be on the diamonds as soon as they are say we can! Coaches set practices based on their availability and teams should count on a minimum of one game and one practice per week (some levels will have more). The spring season is a "house league", so co-ed rookie through junior teams will play other OWLL teams, and senior, GOBL, and girls will play interlock against other teams in the city.



Coaches wanted for 2025



Volunteer coaches are a critical component of any successful league. Coaching Little League is about more than developing players and baseball talent. Little League International states: “Through proper guidance and exemplary leadership, the Little League program assists youth in developing the qualities of citizenship, discipline, teamwork and physical well-being. By espousing the virtues of character, courage and loyalty, the Little League Baseball program is designed to develop superior citizens rather than superior athletes.” OWLL is looking for people with these skills to provide great coaching:

- Knowledge of baseball through experience
- Knowledge of coaching through experience
- Leadership
- Ability to work as part of a team
- Teaching abilities
- Understanding of children
- Organizational skills
- Time

Interested coaches can apply using the [coach registration form](#).

**JOIN OUR TEAM!**



**FUNDRAISING CO-ORDINATOR WANTED!**

THEIR PRIMARY JOB WOULD BE TO SOLICIT AND TRACK SPONSORSHIP DONATIONS, USED TO HELP FUND UNIFORMS, EQUIPMENT, AND SPECIAL EVENTS.

INTERESTED? WANT MORE INFORMATION??  
DROP A LINE TO [PRESIDENT@OWLL.CA](mailto:PRESIDENT@OWLL.CA).

# How do I know what age/level my child is?

The division of play is dictated by your child's Little League age as determined by the Little League Age Chart. To use the chart below, find the month and year of your child’s birth and match it with their Little League age (in blue, on the right). You can also use Little League’s age calculator.

These rules, set by OWLL, in accordance with Little League rules, ensure that players learn the game safely with their peers.

Little League Age	Level
4-6	T-ball
6-8	Rookie
9-10	Minor
11-12	Major
13-14	Junior
15-16	Senior
17-19	GOBL

## 2026 Little League® Age Chart



Match month (top line) and box with year of birth. League age indicated at right.

JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	AGE
2022	2022	2022	2022	2022	2022	2022	2022	2021	2021	2021	2021	4
2021	2021	2021	2021	2021	2021	2021	2021	2020	2020	2020	2020	5
2020	2020	2020	2020	2020	2020	2020	2020	2019	2019	2019	2019	6
2019	2019	2019	2019	2019	2019	2019	2019	2018	2018	2018	2018	7
2018	2018	2018	2018	2018	2018	2018	2018	2017	2017	2017	2017	8
2017	2017	2017	2017	2017	2017	2017	2017	2016	2016	2016	2016	9
2016	2016	2016	2016	2016	2016	2016	2016	2015	2015	2015	2015	10
2015	2015	2015	2015	2015	2015	2015	2015	2014	2014	2014	2014	11
2014	2014	2014	2014	2014	2014	2014	2014	2013	2013	2013	2013	12
2013	2013	2013	2013	2013	2013	2013	2013	2012	2012	2012	2012	13
2012	2012	2012	2012	2012	2012	2012	2012	2011	2011	2011	2011	14
2011	2011	2011	2011	2011	2011	2011	2011	2010	2010	2010	2010	15
2010	2010	2010	2010	2010	2010	2010	2010	2009	2009	2009	2009	16

NOTE: This age chart is for BASEBALL DIVISIONS ONLY, and only for 2026.