

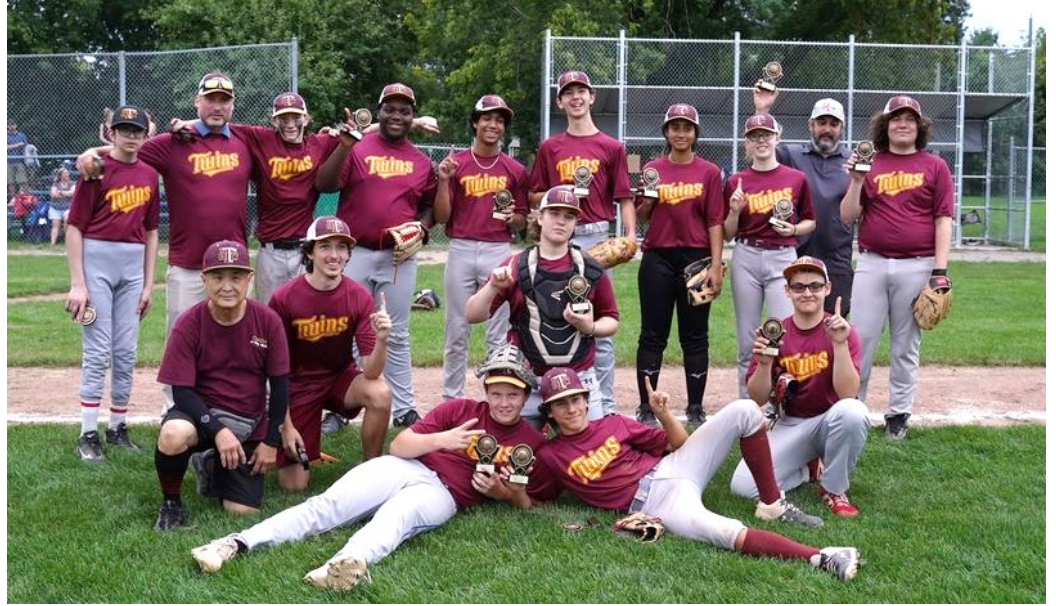


# OWLL News

## WHO WE ARE:

Ottawa West Little League (OWLL), is a community-based, volunteer-driven, non-profit organization dedicated to providing both House and Competitive level baseball for boys and girls (aged 4 to 19), as well as coaching, umpiring, and other volunteer opportunities for community members of all ages. We focus on developing in our players the qualities of citizenship, discipline, teamwork and physical well-being through the game of baseball.

OWLL is part of the Little League program governed by Little League International. Little League Canada is one of its regions. OWLL plays in Ontario District 2, with teams from Kanata and East Nepean.



## Outdoor baseball winds down

Hello, and welcome to the September issue of OWLL News. As we enter fall, the pace of our baseball activities slows down and we focus on development. Players who participate in fall ball move to the division that they'll be playing next spring and league play gives way to practices for most, but that doesn't mean that we don't have some tournaments and exhibition games going on every weekend. After very wet spring and summer seasons, we have lucked out with some pretty fantastic weather this September. Our players still have some outdoor ball left, but our baseball season will start to wind down in the next week or so.

The summer of 2024 was a fantastic season of baseball for Ottawa West. Interlock teams played lots of meaningful baseball late into August and several walked away with season championships when it all wrapped up. Our district teams made it to the finals in minor, major, and junior, and we hosted an incredibly successful minor Provincials tournament at Pinecrest. The minor team played a great tournament, ultimately falling in the final game to East Nepean.

As we put the equipment away and start planning for next year, we hope that our families enjoy their time away from the diamond and look forward to seeing them at winter training or back on the field in the spring. Registration for winter ball will open in November but there is a little bit of information on what our program will be in this issue.

## IMPORTANT DATES:

- EARLY - MID OCTOBER: OUTDOOR FALL BALL ENDS
- OCTOBER 20: VOLUNTEER OF THE YEAR NOMINATIONS DUE
- OCTOBER 23: APPLICATIONS FOR DISTRICT COACHES DUE
- OCTOBER 27: OWLL AGM, DULUDE ARENA, MEL BAKER HALL @ 7:00PM
- NOVEMBER: WINTER BALL REGISTRATION OPENS



## CALL FOR DISTRICT COACH APPLICATIONS

Ottawa West Little League is looking for head and assistant coaches for the 2025 All Star season (district play). We are reaching out to members to advise of all star coaching opportunities for the 2025 season. We will be looking for coaches for the following levels:

- Minor (ages 9 & 10)
- Major (ages 11 & 12)
- Intermediate (age 13)
- Junior (ages 13 & 14)
- Senior (ages 15 & 16)

The successful candidates will demonstrate an understanding of the Little League program and philosophies (or similar youth baseball program). Coaching candidates must meet the following criteria to be considered:

- Baseball knowledge through experience in coaching, officiating and/or convening;
- Knowledge of skill requirements and capabilities of youth players for the level of play;
- Run the winter prospects; followed by spring prospects program (applies to head coach applications);
- Assist with winter prospects; followed by the spring prospects (applies to assistant coach applications);
- Strong people skills and effective communication skills;
- Willingness to run team-building activities prior to the beginning of the spring season (applies to head coach applications); and
- Personal investment in the growth of the league (as a whole) is considered an asset.

For head coach positions, preference will be given to non-parent coaches provided they are able to meet the time commitment required of this position.

Please email interest to [OttawaWestDev@gmail.com](mailto:OttawaWestDev@gmail.com) by end of day October 23rd, 2024.

## Changes coming to OWLL's communication

Over the last few months, our admin team has been working diligently to identify a streamlined platform for all of our communication. We have settled on migrating to one supported by [Sportsheadz](https://www.sportsheadz.com). Over the next two months our website, all registration, team communication, umpire assignment and management, and scheduling will be migrating into this new platform. We hope that this will lead to more seamless communication and fewer apps and places for you to get information on your players. By the end of November (or sooner!) we will stop using Goalline and TeamSnap to share information with you.

What can you do? For now, head over to [register.sportsheadz.com](https://register.sportsheadz.com) and set up your account so that you'll be ready to register for winter ball when it opens, and if you're not participating in winter ball, you'll be ready for spring! Depending on when you create your account, you may not find OWLL in the list of organizations because we are still testing off-line. When we do go live, we will ask for your patience as there are sure to be a few quirks that need to be worked out and things that we've missed as part of our migration. If you do notice anything that looks a little odd you can send an email to [owllsocialmedia@gmail.com](mailto:owllsocialmedia@gmail.com) and we will get it fixed!!

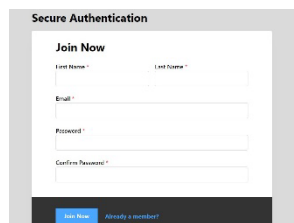
## Creating your SportsHeadz account

Moving forward, all baseball participants will need to have a SportsHeadz account to register for our programs. This can (and should) be done in advance of registration opening, and is simple to do!

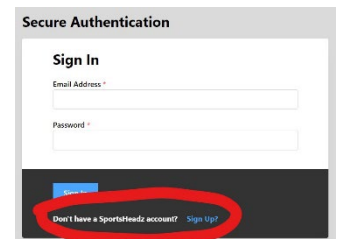


STEP ONE: Navigate to [register.sportsheadz.com](https://register.sportsheadz.com) and click on the "sign in" button in the upper right corner.

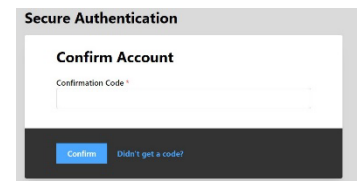
STEP TWO: at the bottom of the dialogue, see the line that says "Don't have a SportsHeadz account?" and click the sign up link.



STEP THREE: Fill in the required information and click "join now"



STEP FOUR: Go to the email used to register, retrieve the confirmation code and enter it and click confirm.



Once you have confirmed the account, just wait for registration to launch! Watch our social media for more information.

## CALL FOR NOMINATIONS - Volunteer(s) of the Year

OWLL wants your help to honour our great volunteers, and is accepting nominations for our volunteer of the year award. This award is given to OWLL volunteer(s) in recognition of their contribution to our baseball programs and efforts to improve the league overall. Nominees will have shown dedication and a willingness to help wherever needed for the betterment of the league.

If you know of someone who made a difference for your player or a significant contribution to the league, please submit their name and a brief description of why you are nominating them to [Sarah Futterer](mailto:Sarah.Futterer@owll.com) by October 20<sup>th</sup>, 2024.

## WINTER BALL

OWLL will once again be offering winter ball programs to both our co-ed and girls players. We anticipate offering programs from rookie through to senior divisions. As is always the case, our programs are coach dependent. If we have the coaches, we can offer sessions at the various age levels. If you are interested in coaching fall ball, email [OttawaWestDev@gmail.com](mailto:OttawaWestDev@gmail.com) / [Registrar@gmail.com](mailto:Registrar@gmail.com)



Winter ball is a skills training program that runs January to March. The purpose of this program is to give players the opportunity to work on their baseball skills over the winter months at Sir Robert Borden High School, Monarch and the Sensplex. The program will start in January (various dates).

Watch your email or our social media channels for information on our November registration.

## Alumni Spotlight – Sofia Milks

Sofia Milks started playing ball with OWLL in 2017 at rookie national. The following year she moved up to minor, then made the district team in 2019 at age 10. Unfortunately major districts were cancelled due to Covid during her eligible years. In 2022 she was a member of the intermediate district team that won provincials and went to nationals, and last year she was a member of the junior district team. During her time with OWLL she excelled as a pitcher, position player, and hitter. She also spent several years behind the plate as an umpire.



Following her playing time with OWLL, Sofia joined the West Ottawa Pirates U16 team, and in the spring of 2024 became the first female starting pitcher for her high school baseball team at Nepean high school.

In April of this year Sophia was invited to train and play with the Ontario women's baseball team. Each Saturday this spring, she travelled to Toronto to work out with her teammates - practicing in the morning, followed by a game against a 15U OBA team from Toronto. Their team also had the opportunity to play against Great Britain's national women's team, which just missed out qualifying for the Olympics. Sofia has been invited to join team Ontario again next spring!



Sofia was also invited to participate on one of three Ontario women's teams at the Ontario Summer games in London Ontario in July. This was a fabulous experience that allowed Sofia to showcase her talents on a large stage.

Congratulations to Sofia on all that she has achieved! We are thrilled to watch you excel in the game that you love!



**2024 ANNUAL GENERAL MEETING**  
 OWLL's annual general meeting will be held October 27, 7:00pm at Dulude arena, Mel Baker Hall. All are welcome to join us, to look back at this year's seasons, review and update OWLL's constitution to expand voting membership, and see what is coming in 2025.

We are also specifically looking to fill the following volunteer positions on the Board:

**VP, Baseball Operations** - generally responsible for the on-field activities of the League, including try-outs.

**Volunteer Manager** - Overseeing a list of volunteers, and ensuring that our volunteer needs are met at events.

**Uniform Manager** - Looks after purchasing, organization, tracking, and maintenance of the League's uniform inventory.

**Equipment Manager** - Responsible for purchasing and maintaining all player equipment and supplies required by the League for the running of its programs.

**Major Convenor** - Assists with sort-outs/evaluations, organizing team assignments, and overseeing the division through the courses of the spring and summer seasons.

**Rookie Convenor** - Assists with sort-outs/evaluations, organizing team assignments, and overseeing the division through the courses of the spring and summer seasons.

**Merchandise** - Responsible for organizing and selling our OWLL swag.

If you are interested in volunteering for one of these roles, please reach out to our [President](#).

**DO YOU FOLLOW US ON SOCIAL??**

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@OWLL.CA

add @OWLLTWINS follow

# Summer awards banquet recipients

In late August we held our annual summer banquet at Pinecrest. This event marks the end of the summer ball season and gives an opportunity to celebrate individuals who have been recognized for significant contributions to their summer teams or to the league. This year's award recipients are:

President's Award		Super Slugger	
GOBL	Carson Dow	GOBL	Zach Rasmussen
Senior	David Johnson	Senior	Luca Rambaldi
Junior Can	Owen Cameron	Junior Can	Xavier Van Kessel
Junior Nat 1	Carlie Wyse	Junior Nat 1	Alex Simard
Junior Nat 2	Cruz Capyk-Diaz	Junior Nat 2	Lewis Ozon-Wells
Junior Girls 1	Emma Richardson	Junior Girls 1	Rose Arteile
Junior Girls 2	Kenzie Dawson-Hanson	Junior Girls 2	Gwen Clarkin
Major All Star	Ryan Nolan	Major All Star	Kai Boyanchuk
Major Can 1	Murray Nguyen	Major Can 1	Ethan Bergman
Major Can 2	Rohan Srivastava	Major Can 2	Hunter Sutherland
Major Girls 1	Liv Futterer	Major Girls 1	Mia Chamberland
Major Girls 2	Emry Hunter	Major Girls 2	Ruby Brazil
Major Nat 1	Luc Pasma-Helleman	Major Nat 1	Harrison Mercer
Major Nat 2	Oliver Russell	Major Nat 2	James Daze
Minor All Star	Carsten Fleck	Minor All Star	Cala Rangwala
Minor Can	Martin Trainor	Minor Can	Ken McKinnon
U11 1	Benjamin Raaymakers	U11 1	Spencer Gervais
U11 2	Jakob Kent	U11 2	Jack Mills
U11 3	Andy Cormier	U11 3	Quin Howes-Chande
Minor Girls 1	Brenna Aradau	Minor Girls 1	Cala Rangwala
Minor Girls 2	Kaylee Molot	Minor Girls 2	Calli Nicol
Rookie Can 1	Nicholas Macramalla	Rookie Can 1	Max Kom
Rookie Can 2	Dexter Howes-Chande	Rookie Can 2	Levi Healy
Rookie Nat 1	Imogen Green	Rookie Nat 1	Owen Wallace
Rookie Nat 2	DJ Thomson	Rookie Nat 2	Lewis Shackleton
Rookie Girls 1	Lauren Baldwin	Rookie Girls 1	Charlie Glazebrook
Rookie Girls 2	Alexandra Hammond	Rookie Girls 2	Madison Fathi
Golden Glove		Roy Belanger Most Dedicated Player	
GOBL	Luke Taylor	GOBL	Thomas Santor
Senior	Gwen Clarkin	Senior	Karabo Emde
Junior Can	Nathan Barton	Junior Can	Austin McInnis
Junior Nat 1	Massimo Sicoli	Junior Nat 1	Liam Thompson
Junior Nat 2	Ewan Menzies	Junior Nat 2	Aiden Whiteley
Junior Girls 1	Charlotte Wilson	Junior Girls 1	Alexis Lawson
Junior Girls 2	Ella Wyse	Junior Girls 2	Ellie Cooper
Major All Star	Gavin Rossiter	Major All Star	Cormac Anderson
Major Can 1	Jacob Wilson	Major Can 1	Ethan Bergman
Major Can 2	Mason MacLean	Major Can 2	Olin Duhard
Major Girls 1	Jillian Wilson	Major Girls 1	Maya Jenkins
Major Girls 2	Adria McCandide Glustien	Major Girls 2	Sam Beznoski
Major Nat 1	Thomas Bell	Major Nat 1	Mateo Capyk-Diaz
Major Nat 2	Casper Wilkinson	Major Nat 2	Kai Nguyen
Minor All Star	Edward Chamberland	Minor All Star	Easton Scollie
Minor Can	Rory Rossiter / Julian Muysson	Minor Can	Jamie Nolan
U11 1	Jack Wallace	U11 1	Eitan Cohn
U11 2	Oliver Lang	U11 2	Miles Lauer
U11 3	Max Kennedy	U11 3	Auden Smith-Hinds
Minor Girls 1	Nora Hafez	Minor Girls 1	Sophie Sward
Minor Girls 2	Meryn Nicol	Minor Girls 2	Charley Pwblow
Rookie Can 1	Nikias Lang	Rookie Can 1	Patrick Nguyen
Rookie Can 2	Everett MacDonald	Rookie Can 2	Brayden Bulmer
Rookie Nat 1	Asher Calder	Rookie Nat 1	Teddy Cameron
Rookie Nat 2	Mikey Dagenais	Rookie Nat 2	Santiago Capyk-Diaz
Rookie Girls 1	Kim Place	Rookie Girls 1	Evelyn Burnett
Rookie Girls 2	Lenna Matheson	Rookie Girls 2	Allyah Litowitz

Mike Kusiewicz Top Pitcher Award	
GOBL	Thomas Furlong
Senior	Nicholas Majeed-Temple
Junior Can	Kaden Brokop
Junior Nat 1	Khang Huynh
Junior Nat 2	Thomas Zachau
Junior Girls 1	Olivia Harrod
Junior Girls 2	Carlie Wyse
Major All Star	Nico Milks
Major Can 1	Jaden Molot
Major Can 2	Patrick Trainor
Major Girls 1	Audrey Hafez
Major Girls 2	Erika Fudge
Major Nat 1	Hudson Nielsen
Major Nat 2	Stuart Dalley
Minor All Star	John Trainor / Aaron Aquino
Minor Can	Finn Richardson
U11 1	Cora Cumming
U11 2	Connor O'Rourke
U11 3	Kaylee Molot
Minor Girls 1	Tessa Rip
Minor Girls 2	Jane Wyse

